

## MENTAL HEALTH TIPS

### **Have you wondered what to do if you have a student with a mental health issue?**

(Disoriented behavior, talking out loud to self, emotionally out of control - i.e., can't stop crying, etc.)

### **Have you ever felt threatened by a student's behavior?**

(Threatened being defined as behaviors, such as threats or physical confrontation.)

Keep your head!

### **If M-F 8am-5pm AND the issue is NOT one in which you feel threatened:**

Protocol:

1. Call Counseling. Let us know if you want one of us to come to you or if you are bringing someone to us.
2. If you are bringing the student to us, be sure you have someone else with you, possibly security.
3. A counselor will assess the student's situation (in conjunction with health services if necessary) and initiate next steps.

### **After hours OR if you feel threatened:**

Protocol:

1. Call security. If you cannot talk in front of the student, say "I need the small blue file" for Security to come or for the Police say "I need the Big blue file."
2. If you need the police and can dial 911 safely, then do so.

**If you are concerned about a student's behavior (non threatening), worried about their absence or general behavior, or their confiding in you information you don't know what to do with, give anyone of us a call. Maybe we can help.**