



WHAT IS A BIT?

A Behavioral Intervention Team, or BIT, is a team of school staff who collect and review information about at-risk students and develop plans to support or intervene. BITs identify the earliest signs of a potential crisis rather than waiting for an impending threat.

WHO'S ON A BIT?

Good news! BITs don't require additional staff or resources. Existing staff serve as members, including Principals, Assistant Principals, Counselors, Disability Specialists, School Resources Officers, and more. The BIT model better leverages time, expertise, and resources to deploy streamlined intervention efforts.

HOW DOES A BIT WORK?

1 Receives reports from members of the school community.

2 Assesses the reports and other information about the student.

3 Plans an appropriate intervention.



"We have a Threat Assessment Team. Do we need a BIT?"

Threat Assessment Teams focus on immediate threats of harm, whereas BITs focus on preventing the threat or crisis before it occurs, as well as threat assessment. NABITA recommends developing a BIT.

NABITA K-12 Risk Rubric D-SCALE
Life Stress and Emotional Health

OVERALL SUMMARY

E-SCALE
Hostility and Violence to Others

DECOMPENSATING

- Behavior is severely disruptive, directly impacts others, and is actively disruptive. This may include threatening, self-harm, or behavior that is actively disruptive.
- Disruptive behavior is severe, persistent, and disruptive. This may include threatening, self-harm, or behavior that is actively disruptive.
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DETERIORATING

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CRITICAL

ELABORATION OF THREAT

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EMPOWERING THOUGHTS

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MEASURING RISK

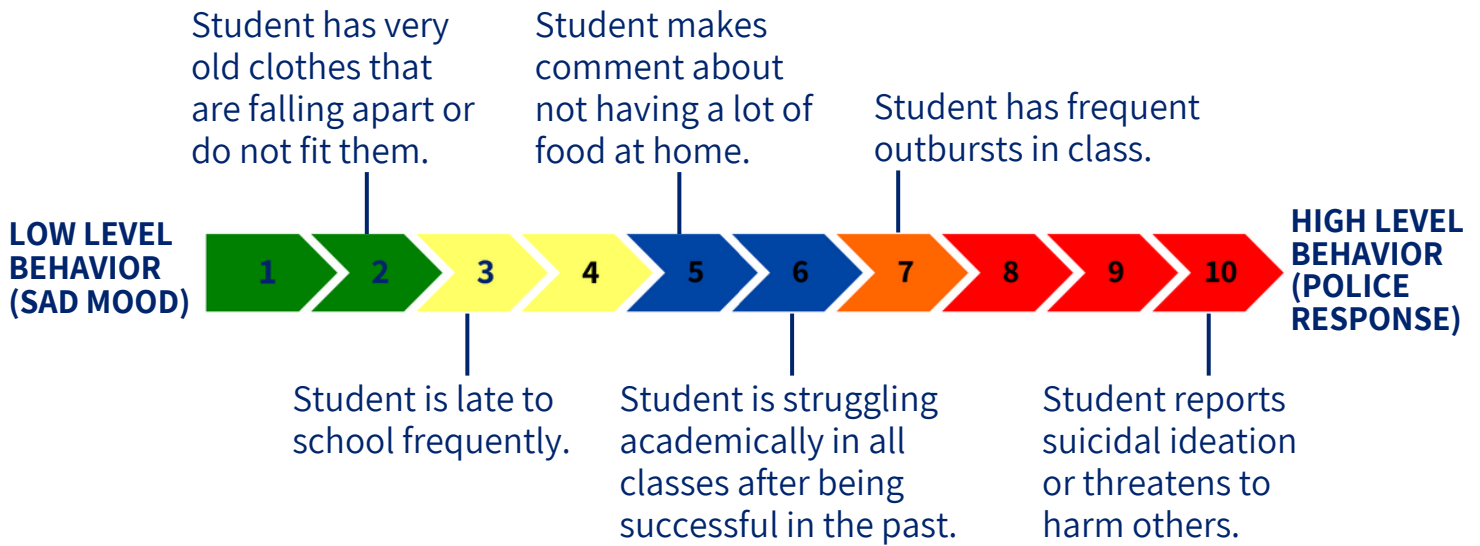
BITs must use an objective tool to measure the risk present in any situation. The NABITA Risk Rubric (pictured on left) helps BITs analyze behavior in a consistent, structured way so that they can design appropriate and effective interventions.

NABITA recommends using the Risk Rubric every time a BIT meets to discuss reports.



National Association
for Behavioral Intervention
and Threat Assessment

BEHAVIOR EXAMPLES



The time to develop a BIT in your school or district is **now**, not after something bad happens.

HOW TO BRING A BIT TO YOUR SCHOOL OR DISTRICT

Seek out the individuals responsible for student support. You can take a **top-down approach** and bring your ideas to an Assistant Principal, Principal, or district official like a Superintendent or School Board member.

Alternatively, you could work to **build support among staff** who likely would be involved in the BIT, namely School Psychologists or Counselors, Special Education Teachers, School Resource Officers, or other administration staff.

TRAINING OPPORTUNITIES

Looking for training opportunities to establish or improve your BIT? Register today for NABITA's **K-12 BIT Standards and Best Practices** certification course.

www.nabita.org/training

